

## DRINKS MENU

### COFFEE

All our Coffee is sourced from Red Bank Coffee Roasters, who are based in Coniston

All Our Coffee is Available as Decaf

ESPRESSO .....	£2.40	LATTE .....	£3.40
AMERICANO.....	£3.00	FLAT WHITE .....	£3.40
CAPPUCCINO .....	£3.40		

### TEA

All our Tea is from Brew Tea Co. and is available in a variety of flavours:

English Breakfast, Earl Grey, Lemon & Ginger, Moroccan Mint, Jasmine Green Tea, Green Tea, Fruit PunchChai Tea

POT OF TEA FOR ONE .....	£3.10	POT OF TEA FOR TWO .....	£5.50
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Our English Breakfast Tea is Available in Decaf

### OTHER DRINKS

HOT CHOCOLATE .....	£3.30
WITH CREAM OR MARSHMALLOWS .....	£3.50
WITH CREAM & MARSHMALLOWS .....	£3.80

### COLD DRINKS

CANS – Please see the fridge! .....	£1.80
WATER – Still or Sparkling .....	£1.50
FLAVOURED WATER .....	£3.00
CORDIAL .....	£1.00
SELECTED BOTTLES – See the fridge! .....	£3.20

## ALCOHOL MENU

### WINE

RED, WHITE OR ROSE by the Glass (20cl Bottle).....	£4.20
RED, WHITE OR ROSE by the Bottle (75cl Bottle) .....	£13.95
PROSECCO by the Glass (20cl Bottle) .....	£6.80
PROSECCO by the Bottle (75cl Bottle).....	£17.95

### LAGER

AMSTELL NRB (300ml Bottle) .....	£3.00
STAROPRAMEN NRB (300ml Bottle) .....	£3.50

### ALE

OLD MAN ALE (500ml Bottle) .....	£3.75
BLUEBIRD BITTER (500ml Bottle) .....	£3.75

### CIDER

CHOICE OF BULMERS (500ml Bottle) .....	£3.80
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### SPIRITS

GORDONS GIN (25ml) .....	£2.50	BELLS WHISKEY (25ml) ...	£2.50
SMIRNOFF VODKA (25ml)	£2.50		

### MIXERS

COKE (small can) .....	£1.20	LEMONADE (small can) ....	£1.20
DIET COKE (small can) .....	£1.20	TONIC (small can) .....	£1.20

PLEASE ORDER AT THE COUNTER - THANK YOU



**red bank**  
DAMN FINE COFFEE

Peggy's Bakery  
Ambleside

Jo McGrath  
ARTIST

Our menu descriptions do not contain all ingredients, so please ask a member of staff if you have any special dietary requirements or presence of allergens before ordering in our food.



tripadvisor®



Herdwicks

CAFÉ AND BISTRO



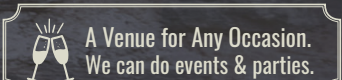
MENU

All our food is sourced locally wherever possible and homemade.

GLUTEN, DAIRY & VEGAN DIETS CATERED FOR.

Tel: 015394 41141, Yewdale Road, Coniston LA21 8DU

OPENING TIMES: SEVEN DAYS A WEEK 9am till 5pm



PLEASE ORDER AT THE COUNTER - THANK YOU

*A warm welcome to*



*Herdwicks*

**CAFE AND BISTRO**

## BREAKFAST MENU

SERVED 9 AM TILL 11.30 AM

<b>SMALL BREAKFAST</b> .....	<b>£7.95</b>
One Slice of Bacon, 1 Sausage, One Egg, Tomato, Mushrooms, Beans and One Slice of Toast	
<b>LARGE BREAKFAST</b> .....	<b>£11.85</b>
Two Slices of Bacon, Two Sausages, Two Eggs, Black Pudding, Mushrooms, Tomatoes, Beans and Two Slices of Toast	
<b>VEGGIE BREAKFAST</b> .....	<b>£7.60</b>
Two Eggs, Mushrooms, Tomatoes, Beans & Toast	
<b>EGGS ON TOAST</b> .....	<b>£4.95</b>
A choice of Scrambled, Poached or Fried Eggs on Two Slices of White or Brown Bread	
<b>BREAKFAST SANDWICHES</b> .....	<b>£4.80</b>
Your Choice of Filling: <b>Egg, Bacon or Sausage</b>	
<b>EXTRA ITEMS: £1 EACH:</b> Bacon, Sausage, Egg, Black Pudding, Mushrooms, Tomatoes, Beans & Toast	

## TOAST & TEACAKES

<b>A SLICE OF WHITE, BROWN OR GLUTEN FREE TOAST</b> .....	<b>£1.20</b>
<b>TEACAKE WITH BUTTER</b> .....	<b>£2.70</b>
<b>TEACAKE WITH BUTTER &amp; JAM</b> .....	<b>£2.90</b>

## LUNCH MENU

SERVED ALL DAY

All of Our Delicious Sandwiches and Toasties are Served on your choice of White or Brown Bread with a Dressed Salad Garnish.  
Gluten free bread available on request

## SANDWICHES

<b>TUNA MAYONNAISE WITH SWEETCORN OR RED ONION</b> .....	<b>£7.35</b>
<b>CHEESE WITH TOMATO OR RED ONION</b> .....	<b>£6.80</b>
<b>CHEESE &amp; PICKLE</b> .....	<b>£6.70</b>
<b>HAM</b> .....	<b>£7.30</b>

## TOASTIES

<b>HAM AND CHEESE</b> .....	<b>£7.80</b>
<b>CHEESE &amp; ONION OR TOMATO</b> .....	<b>£7.60</b>
<b>BACON, BRIE &amp; CRANBERRY</b> .....	<b>£8.50</b>

## JACKET POTATOES

<b>BEANS</b> .....	<b>£8.95</b>
<b>CHEESE, HAM OR TUNA</b> .....	<b>£9.95</b>
<b>CHILLI</b> .....	<b>£10.95</b>
<b>EXTRA TOPPINGS</b> .....	<b>Each £1.50</b>

### FEELING HUNGRY?

Add a cup of Delicious Homemade Soup or Chips to your Sandwich for only .....

**£3.00**

### FEELING REALLY HUNGRY??

Add a full portion of Chips for .....

**£4.00**

## SOUP

Please Check our Specials Board for  
Todays Homemade Tasty Soup ..... **£5.50**

## CHILDRENS MENU

<b>SOUP &amp; ROLL</b> .....	<b>£3.50</b>
<b>CHOICE OF SANDWICH, SIDE AND SOFT DRINK</b> .....	<b>£4.95</b>
Fillings: Ham / Cheese / Tuna / Nutella	
Sides: Chips, Salad or Carrot Sticks	

## SPECIALS

PLEASE CHECK OUR SPECIALS BOARD FOR  
TODAYS CHOICE OF HOMEMADE FAVORITES  
MADE FRESH EVERYDAY

## CAKES

<b>SCONE WITH BUTTER</b> .....	<b>£2.90</b>
<b>SCONE WITH BUTTER &amp; JAM</b> .....	<b>£3.30</b>
<b>SCONE WITH BUTTER, JAM &amp; CREAM</b> .....	<b>£4.00</b>
<b>TEA CAKE WITH BUTTER</b> .....	<b>£2.70</b>
<b>TEA CAKE WITH BUTTER &amp; CREAM</b> .....	<b>£2.90</b>
<b>SLICE OF CAKE</b> .....	<b>£3.50</b>
<b>TRAYBAKE</b> .....	<b>£3.00</b>

PLEASE ORDER AT THE COUNTER - THANK YOU!

If you have any special dietary requirements please ask a member of staff for more details